



(Un)common Reads: Cooked

Spring 2023

One Credit

W: 4:05-4:55

Hume 119

INSTRUCTOR: Dr. Jessica-Jean Stonecipher

OFFICE: Burlington 2215K

OFFICE HOURS: Tuesdays 1:30-3:30 and by appt.

BOOK TITLE: Cooked: A Natural History of Transformation

AUTHOR: Michael Pollan

PUBLICATION DATE: 2018

Course Description:

The book *Cooked: A Natural History of Transformation*, written by Michael Pollan, explores the elements humans use to prepare and transform food in various cultures and spaces. The book is broken up into four main sections with each one following the author as he learns a new way of transforming food. There is also a new four-part docuseries out by the same name that will pair with the reading. During this course we will read and discuss food, food preparation, food culture, food accessibility, and health disparities in the United States.

Requirements: Students will need a paper copy of the book and access to Netflix for at least a 30-day trial. Students also need a notebook for the course.

Student Assignments & Expectations:

Each week students will complete an assigned section of reading or watch an assigned episode of the docuseries. Students will keep a reflection journal (either paper or on a shared google document with the professor) and add an entry each week (250-300 words/10 weeks) that they will bring to class to share and discuss. Prompts for the entries will shift a bit each week but they will mainly help students think through their ideas and reactions to the course material, their relationships with food and those they eat with, and their access to and interest in food. Sometimes students will bring family recipes to class and other weeks they might bring in their written experience of a shared meal or their trip to the Farmer's Market.

Students will also identify issues that they and others face related to food over the course of the semester and propose ideas for how our local community and university could address some of

those issues. Students will propose a solution to one of the identified issues as their final assignment. They can complete this in groups or individually. Each student/group will have a private workshopping meeting with the professor (in lieu of class that week) to discuss and workshop their ideas for their public-facing paper or other public project. Towards the end of the semester students will peer-review one other group's proposals and the following classes will be spent in a roundtable sharing proposals.

Students will take turns presenting related research (about 8-15 minutes on an issue of their choosing). Each student will present once over the semester. More guidelines will be given in class.

Grades:

Journal Entries (10 x 20 pts.) =	200 pts.
Discussion Leader =	50 pts.
Final Proposal (1 x 100 pts.) =	100 pts.
Peer Review (1x 20 pts.) =	20 pts.
Roundtable Presentations (2 x 15 pts.) =	30 pts.
Attendance & Participation =	100 pts.
<b>Total Points =</b>	<b>500 pts.</b>

**Course Schedule**

Week	Reading or Film	Assignments Due & Activities
<b>January 11th</b>	No Reading	Intro to Class and Classmates
<b>January 18th</b>	Read Introduction	<b>Journal Entry #1 Due</b> Brainstorm Ideas Related to our Theme/Reading
<b>January 25th</b>	Read Pt. 1 Fire	<b>Journal Entry #2 Due</b> Meet Groups
February 1st	Read Pt. 2 Water	<b>Journal Entry #3 Due</b> Group One:
<b>February 8th</b>	Read Pt. 3 Air	<b>Journal Entry #4 Due</b> Group Two:
<b>February 15<sup>th</sup></b>	Read Pt. 4 Earth & Afterward	<b>Journal Entry #5 Due</b> Group Three:
<b>February 22nd</b>	Potluck & Discussion  Outside of Class – Attend a Farmer’s Market	<b>Journal Entry #6 Due</b>
<b>March 1st</b>	Watch Cooked Pt. 1	<b>Journal Entry #7 Due</b> Group Four:
<b>March 8th</b>	<b>Spring Break – No Classes</b>	N/A
<b>March 15th</b>	Watch Cooked Pt. 2	<b>Journal Entry #8 Due</b>  Group Five:
<b>March 22nd</b>	Watch Cooked Pt. 3	<b>Journal Entry #9 Due</b>

		Group Six:
<b>March 29th</b>	<b>Visit Fork &amp; Field Pantry at 4:30</b>	
<b>April 5th</b>	Watch Cooked Pt. 4	<b>Journal Entry #10 Due</b> Group Seven:
<b>April 12th</b>	Workshop Proposal Ideas in Class	
<b>April 19th</b>	No Reading	Share Public Facing Proposals
<b>April 26th</b>	No Reading	Share Public Facing Proposals

## ACADEMIC HONESTY

As a University of Florida student, your performance is governed by the UF Student Honor Code, (<https://sccr.dso.ufl.edu/policies/student-honor-code-student-conduct-code/>). University of Florida students are responsible for reading, understanding, and abiding by the entire Student Honor Code.

Plagiarism is a serious violation of the Student Honor Code. The Honor Code defines it as follows:

**Plagiarism.** A Student must not represent as the Student's own work all or any portion of the work of another. Plagiarism includes but is not limited to:

1. Stealing, misquoting, insufficiently paraphrasing, or patch-writing.
2. Self-plagiarism, which is the reuse of the Student's own submitted work, or the simultaneous submission of the Student's own work, without the full and clear acknowledgment and permission of the Faculty to whom it is submitted.
3. Submitting materials from any source without proper attribution.
4. Submitting a document, assignment, or material that, in whole or in part, is identical or substantially identical to a document or assignment the Student did not author.

Important Tip: You should never copy and paste something from the Internet without providing the exact location from which it came.

The University Writing Program takes plagiarism very seriously, and treats instances of plagiarism as dishonesty and as a failure to comply with the scholarly requirements of this course. You commit plagiarism when you present the ideas or words of someone else as your own. Each student's work may be tested for its originality against a wide variety of databases by anti-plagiarism sites to which the University subscribes, and negative reports from such sites may constitute proof of plagiarism.

⇒ Some (but not all!) examples of plagiarism are copying-and-pasting anything from the Internet without proper quotations and attribution, using work you have turned in to other classes without permission from the instructor, and insufficient paraphrasing.

If you commit academic dishonesty, the instructor will submit the incident to the Dean of Students Office as an Honor Code violation. Punishments can vary, but the instructor will recommend failing the course. (If you commit plagiarism in the workplace, at the very least you will be reprimanded. You could also be fired or even lose your career.)

If you are unsure if what you are doing is considered academic dishonesty, ask your instructor before turning it in.

#### CONFERENCES AND WRITING STUDIO

Students are encouraged to seek assistance from the Lead Instructor or Writing Coach if there are questions about progress in the course, work underway, or any other course-related concerns. The Writing Studio also offers one-on-one assistance on writing projects and is available to students of all levels. The Writing Studio's website includes instructional videos for some of the most common questions about writing. (<http://writing.ufl.edu/writing-studio/>)

#### EVALUATIONS

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.

#### STUDENTS WITH DISABILITIES

The University of Florida complies with the Americans with Disabilities Act. Students requesting classroom accommodation must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then provide this documentation to the instructor when requesting accommodation.

#### STUDENTS IN DISTRESS

The Dean of Students Office and the Counseling and Wellness Center are dedicated to offering confidential aid to students. Please do not hesitate to contact them if you feel you or a friend need assistance.

<b>U Matter We Care</b>	<a href="http://umatter.ufl.edu">umatter.ufl.edu</a>	352-394-2273 (CARE)
<b>Dean of Students Office</b>	<a href="http://dso.ufl.edu">dso.ufl.edu</a>	352-392-1261
<b>Counseling and Wellness Center</b>	<a href="http://counseling.ufl.edu">counseling.ufl.edu</a>	352-392-1575
<b>Field &amp; Fork Pantry</b>	<a href="http://pantry.fieldandfork.ufl.edu">pantry.fieldandfork.ufl.edu</a>	352-294-3601

#### TECHNOLOGY POLICY

Laptops will only be allowed in class during workshopping periods (instructor will indicate when these will be). Students should have phones and headphones/airpods stowed away until after class. If you have a family or personal situation requiring you keep your phone visible or on vibrate, please let your instructor know before class begins. I recommend keeping a paper

journal or tablet for class notes, discussion questions, etc. If for any reason you need to take notes on your laptop, please let your instructor know at the beginning of the semester.

Instructor To Dos:

- 1.) Teach about Porter's Farm
- 2.) Have Local Farm Speak?
- ~~3.) F&F Tour~~
- 4.) Working Food Brief Presentation?
- ~~5.) Someone from Sustainability/Food Services come talk about how to submit ideas/proposals~~
- ~~6.) Visit on campus garden?~~