

IDH2930-0190 (Un)Common Read  
*The Deepest Well*  
1 Credit Hour

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| <b>Instructor:</b> Dr. Martie Gillen                               | <b>Meeting Time:</b> T, 8 <sup>th</sup> period, 3:00-3:50 PM |
| <b>Office:</b> 3025A McCarty Hall D                                | <b>Location:</b> Online using Zoom                           |
| <b>Telephone:</b> 352-392-0404                                     |  |
| <b>Email:</b> <a href="mailto:mgillen@ufl.edu">mgillen@ufl.edu</a> | <b>Office Hours:</b> Zoom by Appointment                     |

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**Course Background:**

Adverse childhood experiences (ACEs) are stressful or traumatic events that affect children and have a lasting impact on health and well-being. Early experiences have a broad and profound impact on an individual's development and subsequent emotional, cognitive, social and biological functioning throughout the life cycle. Extensive research indicates that childhood trauma leads to the adult onset of chronic diseases, depression and other mental illness, violence and being a victim of violence, as well as financial and social problems (Centers for Disease Control and Prevention). In *The Deepest Well*, pediatrician Nadine Burke Harris writes about her first encounter with the Adverse Childhood Experiences (ACE) Study by Drs. Felitti and Anda.

NOTE: This course covers topics that may be difficult because of your personal background and experiences. Please take advantage of the services at UF for counseling to support you on your personal journey. Feel free to speak to me about any concerns. If you elect not to attend class on a day that you feel will be especially difficult for you (honor system), inform me before you miss class.

**Required Textbook:**

Burke Harris, Nadine. *The Deepest Well – Healing the Long-Term Effects of Childhood Adversity*. Houghton Mifflin Harcourt, 2018. ISBN: 9780544828704.

**Methods of Evaluation:**

**Reaction Papers (20 points each – 240 points total)** - Students will submit via Canvas weekly one-page (double spaced, 1" margins, 12 point font) reaction papers to the readings, videos, discussions, and guest speakers. Each reaction paper is due by 11:59 PM Sunday following the weekly class meeting on Thursday.

You will have 14 opportunities to submit a reaction paper. I will drop your lowest two reaction paper scores and only 12 will count toward your final grade.

The purpose of the reaction paper is to help students process what they have read as well as any videos that we have watched and what we discussed. Present your points in a clear and systematic manner and use class materials to support your point of view, be sure to cite the materials as appropriate. You can also use other scholarly materials, such as research articles and statistics, not given in class to support your points, again be sure to use citations. Include citations for your sources as needed and a reference list.

**Grades:**

Grades will be based on the following criteria:

Reaction Papers (14 opportunities with 12 counting for points)  
240 points (20 points each x 12)

**Grading Summary:** Grades in this class will be based on the following scale:

| <b>Letter Grade</b> |   | <b>Percentage</b> | <b>Points</b> |
|---------------------|---|-------------------|---------------|
| A                   | = | 93.50% and above  | 225 and above |
| A-                  | = | 90.00-93.49%      | 216 - 224     |
| B+                  | = | 86.50-89.99%      | 208 - 215     |
| B                   | = | 83.50-86.49%      | 200 - 207     |
| B-                  | = | 80.00-83.49%      | 192 - 199     |
| C+                  | = | 76.50-79.99%      | 184 - 191     |
| C                   | = | 73.50-76.49%      | 176 - 183     |
| C-                  | = | 70.00-73.49%      | 168 - 175     |
| D+                  | = | 66.50-69.99%      | 160 - 167     |
| D                   | = | 63.50-66.49%      | 152 - 159     |
| D-                  | = | 60.00-63.49%      | 144 - 151     |
| E                   | = | 59.99% and below  | 143 and below |

***All of the following** must be true for the student to be eligible to receive a grade of "I." The student has completed a major portion of the course work with a passing grade (D or better), the student is unable to complete course requirements because of documented circumstances beyond their control, and the student and instructor have discussed the situation prior to the final exam (except under emergency conditions).*

Information on current UF grading policies for assigning grade points

<https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

**Classroom Policies/Procedures:**

- At all times, respect your fellow classmates. One of the important features of this class is the time allotted for discussion. Students are encouraged to participate, but all comments made in class should be respectful.

**Make-Up Work:**

Requirements for make-up exams or homework and the submission of late assignments and other work are consistent with university policies that can be found at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

**Questions about Grades Received on Assignments**

Please let me know via email within one week of the submission date if you have questions about a grade received on an assignment.

## **Academic Honesty Policy**

UF students are bound by The Honor Pledge which states, “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: “On my honor, I have neither given nor received unauthorized aid in doing this assignment.” The Honor Code ([sccr.dso.ufl.edu/process/student-conduct-code/](http://sccr.dso.ufl.edu/process/student-conduct-code/)) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor in this class.

It is assumed that you will complete all work independently in each course unless the instructor provides explicit permission for you to collaborate on course tasks (e.g. assignments, papers, quizzes, exams). Furthermore, as part of your obligation to uphold the Honor Code, you should report any condition that facilitates academic misconduct to appropriate personnel. It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. For more information regarding the Student Honor Code, please see: <http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code>.

## **Online Course Evaluation Process**

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at [gatorevals.aa.ufl.edu/students/](http://gatorevals.aa.ufl.edu/students/). Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via [ufl.bluera.com/ufl/](http://ufl.bluera.com/ufl/). Summaries of course evaluation results are available to students at [gatorevals.aa.ufl.edu/public-results/](http://gatorevals.aa.ufl.edu/public-results/).

## **Software Use Policy**

All faculty, staff and students of the university are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against university policies and rules, disciplinary action will be taken as appropriate.

## **Campus Helping Resources**

### Health and Wellness

- U Matter, We Care: If you or someone you know is in distress, please contact [umatter@ufl.edu](mailto:umatter@ufl.edu), 352-392-1575, or visit [umatter.ufl.edu/](http://umatter.ufl.edu/) to refer or report a concern and a team member will reach out to the student in distress.
- Counseling and Wellness Center: Visit [counseling.ufl.edu/](http://counseling.ufl.edu/) or call 352-392-1575 for information on crisis services as well as non-crisis services.
- Student Health Care Center: Call 352-392-1161 for 24/7 information to help you find the care you need, or visit [shcc.ufl.edu/](http://shcc.ufl.edu/).

- University Police Department: Visit [police.ufl.edu/](http://police.ufl.edu/) or call 352-392-1111 (or 9-1-1 for emergencies).
- UF Health Shands Emergency Room / Trauma Center: For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; [ufhealth.org/emergency-room-trauma-center](http://ufhealth.org/emergency-room-trauma-center).

#### Academic Resources

- E-learning technical support: Contact the UF Computing Help Desk at 352-392-4357 or via e-mail at [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).
- Career Connections Center: Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services [career.ufl.edu/](http://career.ufl.edu/).
- Library Support: [cms.uflib.ufl.edu/ask](http://cms.uflib.ufl.edu/ask) various ways to receive assistance with respect to using the libraries or finding resources.
- Teaching Center: Broward Hall, 352-392-2010 or to make an appointment 352- 392-6420. General study skills and tutoring. [teachingcenter.ufl.edu/](http://teachingcenter.ufl.edu/)
- Writing Studio: 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers. [writing.ufl.edu/writing-studio/](http://writing.ufl.edu/writing-studio/)
- Student Complaints On-Campus: [sccr.dso.ufl.edu/policies/student-honor-codestudent-conduct-code/](http://sccr.dso.ufl.edu/policies/student-honor-codestudent-conduct-code/)
- On-Line Students Complaints: [distance.ufl.edu/student-complaint-process/](http://distance.ufl.edu/student-complaint-process/)

#### Services for Students with Disabilities

Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the disability Resource Center by visiting <https://disability.ufl.edu/students/get-started/>. It is important for students to share their accommodation letter with their instructor and discuss their access needs, as early as possible in the semester.

#### Student Privacy

There are federal laws protecting your privacy with regards to grades earned in courses and on individual assignments. For more information, please see: <http://registrar.ufl.edu/catalog0910/policies/regulationferpa.html>

#### Audio Visual Recordings

Our class sessions may be audio visually recorded for students in the class to refer back and for enrolled students who are unable to attend live. Students who participate with their camera engaged or utilize a profile image are agreeing to have their video or image recorded. If you are unwilling to consent to have your profile or video image recorded, be sure to keep your camera off and do not use a profile image. Likewise, students who un-mute during class and participate orally are agreeing to have their voices recorded. If you are not willing to consent to have your voice recorded during class, you will need to keep your mute button activated and communicate exclusively using the "chat" feature, which allows students to type questions and comments live. The chat will not be recorded or shared. As in all courses, unauthorized recording and unauthorized sharing of recorded materials is prohibited.