FALL 2023 AUG 29 - OCT 22

# IDH 1700 HONORS PROFESSIONAL DEVELOPMENT: WOMEN IN STEM

#24959 / #24960



"I am not lucky. You know what I am? I am smart, I am talented, I take advantage of the opportunities that come my way and I work really, really hard. Don't call me lucky. Call me a badass." – Shonda Rhimes

### **RESOURCES**

- Course Canvas
- Section Group Me (link in Canvas)
- Honors Canvas Cohort
- Honors on Wednesday News (UF email)
- Connections are everything (Tapia, et al., 2023)



# Lecture: Tuesdays, 4th Period

Dr. Melissa L. Johnson (Dr. J) Interim Director, UF Honors mjohnson@honors.ufl.edu

### Discussion: Thursdays 4th Period TA's

- Madeline Halleran & Veronika Schmalfuss
   Lead TA's
- Rachel Ferreter, Grace Fields, & Olivia Keable - Project Leaders

### 6th Period TA's

- Kaitlyn Faulkner & Leamarie Mattia -Lead TA's
- Lara Caglayan, Camila Djurinsky Zapolski,
   & Camille Grimaldi Project Leaders

TUESDAYS: PUGH 170

**THURSDAYS: LIT 119** 



# **Assignments**

Due Sundays at 8:00pm unless otherwise noted in Canvas

# **Weekly HW**

A collection of assignments and activities that allow you to personalize the course topics based on your unique interests

Part 1: Record 15-20 min presentation

Part 2: Facilitate a 10 min class discussion

Part 3: Facilitate 15-20 min class activity

# **Group Project**

## **Mock Interview**

Small group mock interview with your TA Mentor to practice your interview skills in a low-pressure environment

Part 1: Identify a "Woman in STEM"

Part 2: Set up interview

Part 3: Create a virtual poster

# "WIS" Project

### **TA Check-In**

Individual meeting with your TA Mentor to discuss your academic, extracurricular, and career interests

In groups of 2-3, meet w/ Dr. J for coffee (her treat) to chat about your goals and interests

**BONUS** 

# **Weekly Topics**

Subject to change

### Lecture: 8/29

- Course introduction
- Professional communication

### Discussion: 8/31

- Getting started at UF
- Mentor groups
- Group projects

### HW Due: 9/3

Assignment #1

### Lecture: 9/5

- Busy vs. productive
- Decision making
- Saying no

### Discussion: 9/7

- Managing imposter syndrome and perfectionism
- Campus resources

### HW Due: 9/10

- Assignment #2
- WIS, part 1

### Lecture: 9/12

Resumes

### Discussion: 9/14

- Preparing for Career Showcase / Shadowing
- Resumes, part 2

### **HW Due: 9/17**

- Assignment #3
- TA check-in

### Lecture: 9/19

- LinkedIn
- Crafting your story

### Discussion: 9/21

- Landing the opportunity
- Elevator pitches

### HW Due: 9/24

- Assignment #4
- WIS, part 2

# **Weekly Topics**

Subject to change

### Lecture: 9/26

Wellness and mental health

### Discussion: 9/28

- We're in this together
- Wellbeing activity

### HW Due: 10/1

- Mock interview
- Group 1, part 1

### Lecture: 10/3

- Mentoring
- Academic opportunities

### Discussion: 10/5

• Group 1, part 2 & 3

### HW Due: 10/8

- Assignment #5
- Group 1, GYG
- Group 2, part 1

### **Lecture: 10/10**

Articulating your value

### Discussion: 10/12

• Group 2, part 2 & 3

### HW Due: 10/15

- Assignment #6
- Group 2, GYG
- Group 3, part 1

### **Lecture: 10/17**

- Putting it all together
- Early registration prep

### Discussion: 10/19

Group 3, part 2 & 3

### HW Due: 10/22

- Assignment #7
- Group 3, GYG
- WIS, part 3