

IDH1700 (24980): Scholars Introduction to Professional Development

<p style="text-align: center;">Peer Leaders</p> <ul style="list-style-type: none">• Kate Bass• Iona Brooks• Andrew Dixon• Sarah Goldberg• Vincent Lam	<p style="text-align: center;">Regan Garner 201 Walker Hall 352-392-1519 (office)</p> <p style="text-align: center;">rlgarner@ufl.edu 352-281-2427 (personal, emergencies only)</p>	<p style="text-align: center;">Regan's Office Hours</p> <p>Mondays 1-3pm: Zoom Thursdays 10am – 12pm: Zoom</p> <p>In person meetings available by appointment: 352-392-1519</p>
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This Honors course for first-year Lombardi Scholars and Stamps Scholars will introduce students to program expectations and provide a forum from which to explore resources available at UF. Content emphasizes the skills and strategies that facilitate a successful academic, professional, and personal life. You will begin to understand the organization of the university and learn from the experiences of other highly motivated students. Consistent feedback and regular participation are essential to the success of this course – we have a lot to learn from one another!

Objectives

- To become familiar with opportunities for involvement at UF, including but not limited to research, internships, leadership, and community engagement.
- To develop professional skills such as setting goals, networking, and oral and written communication.
- To learn practical skills for academic success such as personal reflection, developing a research proposal, and building relationships with faculty and staff at UF.
- To become acquainted with resources available to you on campus and in the Gainesville community.
- To strengthen your scholarship cohort and connect with upper-division scholars and alumni.

Readings

- Articles assigned relevant to class discussion. Posted in Canvas.
- Honors on Wednesday email

General Expectations

- Attend all class sessions and contribute to discussions.
- Complete all assignments on time – submissions are always due by 11:59pm Sundays.
- Be respectful and attentive, especially to guest speakers and panelists.

Accommodations

- Students may request academic accommodations from the [Disability Resource Center](#) and share their needs with the instructor early in the semester

Course Evaluations

- Students are expected to provide feedback on the course by completion evaluations online and will be notified with the evaluation period opens.

Grading:

Event Points	25
Panel Reflection	15
LinkedIn Profile	15
3MT Faculty Profile	10
3MT Research Proposal	10
3MT Research Presentation	10
<u>Undergraduate Game Plan</u>	<u>15</u>
	100

A = 90+ B = 80-90 C = 70-80

** A minimum grade of B is required to earn academic points toward your Honors Completion Requirements. Once you have earned your final grade in this course, please upload the course information and grade from your unofficial transcript into your Honors Canvas Cohort: Honors Completion module to earn Honors Completion credit.*

1. Attendance and Participation

The first unexcused absence will result in a 10-point deduction (one letter grade), a second missed class earns another 10-point deduction, and so on. This course is designed to build your community of scholars. Successful communities are built on a strong foundation of mutual respect and common courtesy for each member of the class, and for any guest speakers or panelists. Poor participation and lack of engagement with panelists may also affect your grade.

Excused absences include:

- Required student participation in a University-sponsored event
- Religious holidays: Religious holidays are always excused; please notify me in writing within the first two weeks of class so that appropriate accommodations may be made.
- Medical emergencies: Medical emergencies are excused with appropriate documentation
- Family Emergencies: Contact me in advance if possible
- *Organization meetings / Meet-and-greets / Info sessions are not excused absences*

2. LinkedIn Profile 15 points

Bring your current resume and a laptop to class on **September 5**. You will use resume content as a starting point to create (or revise) your LinkedIn profile. Learn tips from Peer Leaders then connect with Regan, follow the UF Honors Program, and join the Lombardi & Stamps Scholar group. You will then draft a custom invitation to connect on LinkedIn and upload as a Word document to Canvas no later than **11:59pm September 10**.

3. Panel Next Steps 15 points

Upper-division scholars will visit class several times this semester to discuss their experiences in a variety of activities at UF. Identify one panel topic relevant to your goals and think about how you will apply what you learned in class toward achieving those goals. Provide concrete examples of next steps based on the advice and experiences shared by panelists. Submit your "next steps" on Canvas no later than **11:59pm October 15**.

4. Event Points *5 points each, 25 total*

Attend one event or meeting in each category and upload a photo of you at the event. See Canvas page for links to approved events. Answer the questions listed below as a narrative reflection between 150 – 250 words. At least three events must take place off-campus. Submit two reflections in Canvas on or before **11:59pm October 1** and the final two on or before **11:59pm November 19**.

- How did you hear about this event?
- What did you gain from the experience?
- Who did you meet / interact with at the event?
- Would you recommend this to a friend? Why or why not?

1. **Arts**
2. **Global**
3. **Professional / Academic**
4. **Active / Nature**
5. **Wildcard**
 - a. Attend another approved event from above categories.
 - b. Propose an event or activity not linked, approval required.

5. 3 Minute Thesis *30 points total*

This assignment is modeled on [3MT](#), a research communication competition that challenges graduate students to make a compelling presentation on their dissertation topic and its significance in just three minutes. The competition helps students develop the capacity to explain their research to a non-specialist audience. We will discuss research throughout the semester, and you will hear from other scholars participating in undergraduate research. You will develop a proposal for research to be conducted during your time at UF – this may be something you are already working on or a “dream project” to tackle in the future. Instructions and tips for faculty profile and research proposal / slide / presentation found in Canvas.

1. Upload the faculty profile to Canvas by **11:59pm October 8**. [10 points]
2. Submit the research proposal and slide on or before **11:59pm October 29**. [10 points]
3. Present your research proposal to class **November 7 or 14**. [10 points]

6. Undergraduate Game Plan *15 points*

Format and process discussed in class on October 31. Upload statement to Canvas by **11:59pm December 3**.

Date	Topic	Reading/Prep	Discussion Leaders	Reminders
08/29	Review Syllabus & Expectations	“What’s the Point of an Honors College, Anyway?”	Regan Garner	
09/05	LinkedIn & Career Showcase Prep	Bring draft resume to class	Andrew Dixon + Vincent Lam	
09/07	<i>UF Honors Scholar Welcome Reception</i>	<i>Prepare a brief personal intro for the reception</i>		Meet at Ustler Hall
09/12	Research Panel <ul style="list-style-type: none"> • 3MT Check-in 		Kate Bass	LinkedIn invitation due September 10
09/19	Leadership & Ethics		Dr. Brian Ray <i>Director, Poe Center</i>	Meet in 214 Stuzin Hall
09/19 09/20	Fall Career Showcase	<i>Stephen C. O’Connell Center 9am - 3pm</i>		
09/26	Involvement Panel	“Not Leadership Material? Good. The World Needs Followers.”	Kate Bass + Sarah Goldberg	
10/03	Internship Panel		Iona Brooks + Vincent Lam	Event reflections (3) due October 1
10/10	Honors Program Completion & Pillars Registration Q&A		Dr. Melissa Johnson <i>Interim Director, UF Honors Program</i>	3MT Faculty Profile due October 8
10/17	Engaging in your undergraduate experience	“Building Your Relationship Constellation”	Kate Bass + Andrew Dixon	Panel Next Steps due October 15
10/24	Wellness	“The Effortless Perfection Myth”	Iona Brooks + Sarah Goldberg	
10/31	Setting Goals: Making a Game Plan	“Our Superficial Scholars”	Regan Garner + Peer Leaders	3MT proposal and slide due October 29
11/07	3MT Group I			
11/14	3MT Group II			
11/21	Class Canceled		No Class – November Holiday	Last two event reflections due November 19
11/28	Enrichment 2024		Dr. Mark Brenner <i>Director, UF in Merida</i>	
12/05	Wrap Up	“Only Connect...”		Game Plan due December 3