

**IDH 3931 – HONORS PROGRAM UNCOMMON READ: ADOLESCENT ISSUES**  
**Honors Program, University of Florida**  
**Fall 2016, Section #0286, 1 Credit**

**Meeting Information:**

Tuesday, Period 9, 4:05pm – 4:55pm, 119 Hume Hall

**A. CONTACT INFORMATION**

*Instructor:*

Dr. R. Morgan Pigg, Jr.  
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*Program Director:*

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**B. COURSE TEXTBOOK**

Pipher M. *Reviving Ophelia: Saving the Selves of Adolescent Girls*, Ballantine Books, New York, NY, 1994, ISBN 0-345-39282-5.

**C. COURSE GENERAL OBJECTIVES**

- Examine social and cultural issues affecting girls and boys – as well as young adults.
- Deconstruct myths and realities about social morbidities such as depression, bullying, suicide, disordered eating, substance use, sexual activity, and troubled family relationships.
- Probe the provocative question why adolescent girls in America succumb to devastating social morbidities at such alarming rates.
- Examine the premise that youth grow up in a toxic, media-driven culture where they lose their identities and a sense of their true selves.
- Reflect on ways the critical life decisions you made during adolescence affect your life now as a young adult.

**D. COURSE ACTIVITIES**

**1. Class Discussion of Case Studies and Selected Passages of Text**

Do the following to prepare before each class: **(1) Case Studies.** Select 1 case study from each chapter that includes case studies, and be prepared to discuss the actions, consequences, and “lessons learned” from the case study. **(2) Selected Passages of Text.** From each chapter, select 2 poignant passages of text, and be prepared to share the passages.

**2. Personal Critique of *Reviving Ophelia*, by Dr. Mary Pipher**

Prepare a critique of **about 1,000 words** that details your assessment of the nature, extent, and implications of the issues identified in the book. Write the critique based on your own life experiences and personal impressions of the book. Give your candid assessment of the book, both positive and negative. You decide how to structure your paper in terms of content, organization, style, and tone.

**Note:** For your critique, please submit: (1) a cover sheet with the book title, your name, the course (IDH 3931), and semester/year; and (2) a typed, double-spaced, critique of about 1,000 words. Staple the materials in the upper-left corner, with the cover sheet on top. (Do not use folders, binders, report covers, or notebooks.)

*Reviving Ophelia* Book Critique Due: **November 15, 2016 (T)**

### 3. Class Presentation of Group Action Plans

Prepare a **15 minute presentation** of a group Action Plan that proposes broad-based solutions to issues identified in the book. Address 3 components in the presentation:

**Introduction.** Summarize the nature, extent, and implications of problems identified in the book.

**Solutions.** Recommend 15 specific solutions, including 5 individual solutions, 5 family solutions, and 5 community solutions.

**Evaluation.** For each solution, describe (1) the action you recommend, (2) the individual or group responsible for taking the action, and (3) the criteria used to determine if the solution works.

**Note:** Please provide each class member with a print handout that summarizes your presentation. Provide the instructor with 1 copy of the handout, and 1 print copy of slides or additional materials used in your presentation.

**My Group Presentation Date:** \_\_\_\_\_

### E. STUDENT ASSESSMENT

Information on current UF grading policies for assigning grades may be found at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

#### Point scale for final grades:

A	=	185-200
A-	=	180-184
B+	=	175-179
B	=	170-174
B-	=	165-169
C+	=	160-164
C	=	155-159
C-	=	150-154
D+	=	145-149
D	=	140-144
D-	=	135-139
E	=	Below 135

#### Sources of points for final grade:

Personal Critique of <i>Reviving Ophelia</i>	100
Group Presentation of Action Plan	100
Maximum Point Total	200

### F. IMPORTANT DATES\*

Classes Begin (UF)

**First Class (IDH 3931)**

Holiday (Labor Day)

Homecoming

Holiday (Veterans Day)

**Book Critique Due (*Reviving Ophelia*)**

**Online Course Evaluation Period Opens**

**Group Action Plan Presentations Due**

Holiday (Thanksgiving)

**Last Class (IDH 3931)**

Classes End (UF)

**Online Course Evaluation Period Closes**

Reading Days (UF)

Final Examinations (UF)

**Final Examination (IDH 3931)**

Commencements/UF

\*Some dates may change

August 22, 2016 (M)

**August 23, 2016 (T)**

September 5, 2016 (M)

October 14-15, 2016 (F, Sa)

November 11, 2016 (F)

**November 15, 2016 (T)**

**November 22, 2016 (T)**

**November 22 & 29, 2016 (T)**

November 23-26, 2016 (W-Sa)

**December 6, 2016 (T)**

December 7, 2016 (W)

**December 9, 2016 (F)**

December 8-9, 2016 (R, F)

December 10, 12-16, 2016 (Sa, M-F)

**No Final Examination**

December 16-17, 2016 (F, Sa)

## G. GENERAL COURSE INFORMATION

**Attendance.** I expect you to attend class and participate in all course activities. If you cannot attend class, please let me know in advance if possible, or as soon as feasible. Requirements for class attendance and make-up work are consistent with University policies found at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

**Accommodations.** If you registered through the Disabilities Resource Program in the Dean of Students Office, and you need specific accommodations for the course, I will gladly provide those accommodations. University guidelines in this matter read as follows: "Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, [www.dso.ufl.edu/drc/](http://www.dso.ufl.edu/drc/)) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester."

**Classroom Courtesies.** You may leave the classroom at any time if necessary. Turn cell phones off or place them on vibrate or visual alert. You may take notes by computer. Do not talk to your classmates during films, guest presentations, or course lectures. University policy does not allow eating or drinking in any classroom. (You can drink water.)

**Course Evaluations.** According to the University guidelines, "Students are expected to provide feedback on the quality of instruction in this course by completing online evaluations at <https://evaluations.ufl.edu>. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at <https://evaluations.ufl.edu/results/>."

**Due Dates.** Submit assignments on or before the due date. Work submitted late may not receive the maximum point value. Keyboard all assignments, and double-space your work. I may need to keep the original document for my files, so keep a copy of all the work you submit. If you have a problem with an assignment, talk with me about it. If you must miss a due date, tell me in advance if possible.

**Office Hours.** I am happy to meet with you to discuss course business or other matters. Schedule an appointment day and time to make sure I am available. I prefer that you contact me by email, then we will set a specific day and time for your appointment. You also may request appointments in person, or by regular mail, email, or telephone.

**Personal Integrity.** As a student at the University of Florida, you have committed yourself to uphold the Honor Code. University policy on this matter reads as follows: "UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code (<http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor or TAs in this class."

**Policy on Recommendations.** I will consider preparing recommendations for graduate programs, professional schools, internships, scholarships, and jobs if you receive an A- or an A grade in the course.

**Unauthorized Recording of Instructional Media.** Do not make audio or video recordings of any instructional media used in the course. Such recordings may violate intellectual property and copyright laws, and purchasing agreements, resulting in potential penalties for those involved in the activity.

## H. RESOURCES FOR PERSONAL AND CAREER COUNSELING

Career Resource Center, J. Wayne Reitz Union, 392-1601, [www.crc.ufl.edu](http://www.crc.ufl.edu)  
Counseling and Wellness Center, 392-1575, <http://www.counseling.ufl.edu/cwc/Default.aspx>  
University of Florida Police Department, 392-1111

## I. TENTATIVE CLASS SCHEDULE\*

<b>DATE</b>	<b>TOPIC</b>	<b>CHAPTER</b>
August 23, 2016	Introduction / Saplings in the Storm	Preface, 1
August 30, 2016	Theoretical Issues: For Your Own Good Developmental Issues: I'm Not Waving ...	2 3
September 6, 2016	Families: The Root System	4
September 13, 2016	Families: Mothers / Fathers / Divorce	5, 6, 7
September 20, 2016	Film (TBD)	*
September 27, 2016	Within the Hurricane: Depression	8
October 4, 2016	Worshipping the Gods of Thinness	9
October 11, 2016	Worshipping the Gods of Thinness	9
October 18, 2016	Drugs and Alcohol – If Ophelia Were Alive ...	10
October 25, 2016	Sex and Violence	11
November 1, 2016	Sex and Violence	11
November 8, 2016	Film (TBD)	*
November 15, 2016	Then and Now What I've Learned From Listening	12 13
November 22, 2016	Group Action Plans	*
November 29, 2016	Group Action Plans	*
December 6, 2016	Let a Thousand Flowers Bloom A Fence at the Top of the Hill	14, 15

\*Dates and order of topics may change.

*Nobody can help everybody, but everybody can help somebody.*